

# HEALTH AND WELL-BEING

## A reinforced commitment to spreading a positive health culture and increasing awareness at all Saipem worksites



With specific attention focused on health prevention, protection and promotion, the Company makes an effort to inform employees of all the health risks, improving their general health culture.

Further details on Saipem's approach to health management can be found in the 'Consolidated Non-Financial Statements' of the Annual Report 2017.

2017 Highlights	UN GC Principles	Sustainable Development Goals
<p>Non-immune employees who attended Malaria Awareness Sessions <b>+7,000</b></p> <hr/> <p>Years since Saipem was awarded the Workplace Health Promotion programme <b>4</b></p>		

### HEALTH PROMOTION AND DISEASE PREVENTION

There is growing evidence suggesting an unprecedented growth in non-communicable diseases (NCD) in recent decades. To protect the health and well-being of its employees, Saipem has implemented various health promotion and disease prevention programmes at its premises. The purpose is to make employees aware of the main health risks and, consequently, help them to address those risks.

#### Cardiovascular Disease Prevention (CVDP) Programme

Cardiovascular diseases remain the leading cause of morbidity and mortality, globally and in Saipem. They are preventable and perhaps reversible largely through the modification of risk factors (i.e. elevated blood pressure, cigarette smoking, physical inactivity, etc.), addressed systematically through the CVDP programme.

Sites involved in the CVDP programme **109**

Employees screened **+17,000**

Employees identified with an elevated cardiovascular risk were accepted in the Risk factor surveillance programme and adequate medical support was provided. In this regard, in order to provide assistance at remote sites, Saipem has implemented the Telecardiology programme since 2007.

Sites covered **56**

Electrocardiograms transmitted **+3,000**

#### Promoting a healthy lifestyle

Saipem has implemented various programmes to promote a healthy lifestyle among its people:

- **Weight control and obesity prevention programme.** This prevention programme uses Body Mass Index (BMI) and waist circumference of the entire workforce. Overweight and obese employees are then identified and provided with weight reduction guidelines. The programme includes two seminars rolled out across Saipem sites and training for Saipem doctors.

Participants in the seminars **+3,600**

- **Stop smoking programme.** The 'Don't Take My Breath Away' campaign consists of 4 phases that include lectures, activities and counselling delivered in 2-hour workshops. The programme is highly interactive, allowing smokers to 'experiment' smoking from different perspectives, and is based on a trans-theoretical model of behavioural change.

Worksites where the programme was implemented in the 2015-2017 period **17**

- **Healthy diet.** The H-factor/Healthy Food Programme promotes a healthy food environment, a diversified, balanced and healthy diet respecting the diverse eating behaviours, cultural backgrounds, customs and traditions of employees.

Sites covered **8**

## HEALTH AWARENESS AND PROMOTION IN THE WORKPLACE

For the fourth year running, Saipem has taken part in the Workplace Health Promotion (WHP) programme as result of the joint efforts of employers, workers and local institutions. Its aim is to improve health and well-being in the workplace by adopting best practices in the field of health promotion: Saipem was awarded for reaching the programme's goals by the regional government of Lombardy. The programme is founded on the principles of promoting health in the workplace by encouraging organisational changes that ensure an environment open to the conscious adoption and dissemination of healthy lifestyles, contributing to the prevention of the NCDs. To prevent workplace risks, the dissemination of the Pre-Travel Counselling programme for all personnel assigned abroad is now available electronically in e-learning format, in line with changes and updates from more recent international health bulletins. To develop a culture of self-consciousness among employee and their families, in 2017 Saipem celebrated WHO International Health Days, which include World Health Day, World Malaria Day, World AIDS Day, World Anti-Obesity Day, World Cancer Day, etc.

### HEALTH HIGHLIGHTS

**Employees trained in the Pre-travel Counselling programme since 2008** **-12,000**

**Vaccinations** **3,837**

**Employees subjected to medical fitness examinations** **31,835**

### SAIPEM'S STOP MALARIA CAMPAIGN

Nearly half of the world's population is at risk of contracting malaria and the WHO African Region continues to carry a disproportionately large share of the global malaria burden. Currently, the African region is home to 90% of malaria cases and 91% of malaria deaths worldwide<sup>1</sup>. Strongly committed to fighting it, Saipem has implemented a Malaria Control Programme to monitor Saipem worksites and their workforce, and Malaria prevention initiatives in Angola, Congo and Nigeria, addressed both to local communities and the Saipem workforce. From the commencement of the Malaria Control Programme, Saipem made impressive progress in reducing the stewardable malaria cases on its worksites located in malaria endemic areas:

- 18 malaria cases were recorded, falling by 72% since 2010;



- the Overall Malaria Cases Rate fell by 83% between 2010 (0.24) and 2017 (0.04);
- malaria related fatality remains zero.

**Worksites monitored within the Malaria Control Programme in 7 countries**

**32**

### Malaria campaign in Africa

In Angola, Congo and Nigeria Saipem keeps up its commitment to carrying out malaria prevention initiatives such as training courses for diagnosing and treatment of malaria cases for local laboratory technicians and nurses, prevention and awareness campaigns and activities for local communities, the supply of medical and outdoor equipment, the implementation of indoor residual spraying campaigns, etc.

**Local houses in which the indoor residual spraying was performed in Angola** **+1,100**

**Malaria inductions organised for the non-immune personnel assigned in Congo** **+60**



### MALARIA PREVENTION IN ANGOLA

As part of the Memorandum of Understanding (MoU) signed in 2016 with the Ambriz Health Direction, in 2017 a 10-day training programme in properly diagnosing malaria through laboratory analysis for 20 laboratory technicians and a 3-day advance training course in the management and treatment of malaria cases for 26 nurses were carried out. Both training sessions were conducted at the Petromar Training Centre in Ambriz. A supervising team will be created to monitor the activities of the trainees.

(1) World Health Organisation (fact sheet updated in November 2017).